



Signed.....*S.M. Watts*.....

Date.....April 2019.....

Review.....April 2021.....

Our School Food Policy

This school is committed to creating the ethos in which children can grow towards Christian life, learning and love.

'And now I give you a new commandment: love one another. As I have loved you, so you must love one another. If you have love for one another, then everyone will know that you are my disciples.'
John 34-35

To be read in conjunction with all other policies and in particular P.S.H.E. and Health and Safety.

We believe that it is important to have a healthy snack and packed lunch at our school. We try to encourage all our school members to think about what they eat so that they are able to enjoy school fully and don't feel tired or over excited. We promote having a sensible balance of foods and an awareness of foods that may cause harm to some of our school member's e.g. allergic reactions. Members of staff, who on occasion provide packed lunches, have completed appropriate training and follow the LA guidelines.

Clean drinking water is available for all at any time of the day. Children can have water bottles on their desks or help themselves to water from the tap using class beakers. Jugs of water are provided on the tables at lunch time.

We look at food and food groups in science, technology and within some topic work. All classes have a chance to plan and cook their own food at some point in the year using our food technology facilities. Alongside this, we aim to use produce grown in the school garden in our cooking within school as well as selling some of the produce to the school community.

We enjoy eating together and want to provide a place that is clean, sheltered and with enough space for all- whether that is inside in our dining hall or outside. Members of the local community are invited to join us for lunch on a termly basis. We start our lunch with a grace.

Our school kitchen and food technology room are checked by the Food Standards agency and we have a 5 star rating.

Pupils and parents are encouraged to share their views and the Healthy Schools Task Force consider these. This policy has been written by The Healthy Schools Task Force and will be reviewed bi-annually by the group.

