

Year 1 – ideas to support your child’s learning at home

Here are some ideas to support your child at home, it is by no means an exhaustive list. Please do not use as a ticklist, but as ideas to support learning through play and daily routines.

Fine motor (handwriting)

- Threading (make necklaces, bracelets)
- Hama bead pictures.
- Playdough (pinching, rolling, squeezing etc).
- Pop bubblewrap between thumb and one finger.
- Use tweezers or chopsticks to move pasta/beads from one bowl to another (clothes pegs also work well with small objects).
- Make a chain of paperclips.
- Sorting small objects (e.g. buttons in button box, grains of rice, seeds).
- Tracing patterns/pictures – with chalk, paper and pencil, finger in flour etc. (swirls, straight lines, zig zags).
- Scissor skills (e.g. cut out favourite pictures from cereal boxes/magazines, make a swirly snake).
- Practise forming/tracing letters in mud, sand, water, paintbrush in water, flour.

Free online resources

Phonics bloom <https://www.phonicsbloom.com/>

Phonics play <https://www.phonicsplay.co.uk/resources>

Topmarks <https://www.topmarks.co.uk/maths-games/5-7-years/counting>

ICT games – shark numbers

http://www.ictgames.com/sharkNumbers/sharkNumbers_v5.html

Maths

- Play board games with a number board and dice (e.g. snakes and ladders, shut the box).
- Count forwards and backwards starting on different numbers in the car, as you walk, jump backwards.
- Go on a number hunt as you are out and about – what numbers can you find? (You could also use sticks/leaves/stones to make missing numbers).
- Number bingo as you drive to school - who can find numbers 0 – 9 or 0-20 quickest?
- Dinner time – can you get me 4 forks and 4 knives, how many are there altogether? $4 + 4 = 8$.
- Number rhymes and songs.

English

- Enjoy stories together and retelling/acting out stories.
- Write a card to someone.
- Add labels or a sentence to tell someone about a picture or model design.
- Start a special notebook for writing stories in or drawing and labelling designs.
- Read a recipe and bake together.
- Create rhyming word chains (real or not real).
- Add Phonics sounds or tricky words to lego/ pegs/ cereal packets etc.