

## 10 things to do in Lower Woodford

1.	Plant, grow, harvest and eat a vegetable.	
2.	Use a spotter sheet to identify different plants.	
3.	Make a leaf rubbing.	
4.	Watch an animal life cycle.	
5.	Make a string stamp.	
6.	Learn an African song.	
7.	Borrow a book from the library.	
8.	Feel the air move beneath a bird's wing.	
9.	Get messy with papier mache.	
10.	Taste exotic fruits.	